# **Travel for Madison Central Student- Athletes**

# Buses are available to all teams

Note- Golf and Swimming parents of the athlete takes the student-athlete to their match or meet.

# Hotels

2-4 students per Room

Cost can Range from \$80.00-\$120.00 per Night

# **Charter Buses-**

Must have Administrative Approval- Out State Trips/ Post Season/ Special Events

\*\* All Lodging decision will need to be approved by Madison Central Administration

# **Program Evaluation**

At the end of each season the administration will sit down with each coach and have a discussion that is based on the core values listed below. These six values are what the administration feels will lead to successful programs.

#### **Build Relationships with Feeder Middle Schools**

- 1. What is your working relationship with the middle school administrators?
- 2. How have you made the middle school administrators and coaches aware of the vision and goals for your program?
- 3. How was the coach's clinic for middle school or youth coaches? When? Where?
- 4. In the clinics were you able to provide coaches with basic knowledge of your program?
- 5. Were the coaches responsive to your clinic by what you saw when you went to watch middle school games?

#### **Build Positive Relationships with Parents**

- 1. How was your booster program able to raise money to support your program?
- 2. How did you set the expectations for you parents as a vital member of your program?
- 3. In what ways did you encouraged parents to be a part of the booster program?

#### Work to get high quality Coaches/Teachers in the Building

- 1. Did you have any vacancies on your staff prior to the start of the season?
- 2. Were you able to provide names of quality teachers and coaches to fill the vacancy?
- 3. How did you make your assistant's aware of their expectations as a teacher as well as a coach?
- 4. How did your assistants have an important role in your program? Explain their roles?

### Strength and Conditioning Program

- 1. How many days a week did your athletes lift during the season? During the off-season?
- 2. What others conditioning activities did the athletes participate in?
- 3. How do you know your strength and conditioning program was effective?

#### **Character Education Program**

1. Explain your character education program?

#### Is an Ambassador for Madison Central

- 1. How did you encourage students to be active in other sports?
- 2. Did you go out and support other sports or programs?
- 3. What are your expectations as a teacher?
- 4. What are your expectations as a coach?
- 5. How have you supported other sports and other programs at Madison Central?

# Plan for Inclusion of Additional Light Weights and Kettle Bells

Madison Central is in the process of purchasing some new weight room equipment. Included in that purchase will be lighter weights and kettle bells that will be used more by the female athletes. These weights will be in place by the start of the 2014-2015 school year.

# Equitable Policy for Cheer, Dance, and Band

The band, cheer, and dance will perform at an equal number of boys and girls basketball events. A schedule will be presented to administration prior to the start of the seasons to ensure the games that are being performed at are equitable.

- \*\*Note: We have 2 cheer squads- both the JV and Varsity cheer at both boys and girls basketball games. A schedule will be reviewed by administration to ensure squads cheer at both boys and girls games. During football both squads cheer the games together.
- \*\*Note the band performs at halftime of the home football games
- \*\*Note the dance team performs at halftime of the Home Football Games